Three Season Overnight Packing Lis

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Three Season Overnight Packing List Spring – Summer – Fall

Cabin wear and personal effects

Sleepwear/loungewear

Shower shoes

Pillow – optional; each bunk has a pillow

Blanket – optional; each linen pack comes with a pillowcase, top sheet, bottom sheet, light

blanket, and towel

Toiletries

There is shampoo/body wash in each shower. We suggest that makeup be waterproof.

Toothbrush/paste

Menstrual products

Personal needs- contact solution, comb/brush, deodorant, etc.

Day Pack

Day pack large enough for your personal effects

Sunscreen and lip balm

Glasses/sunglasses

Bug spray

32 fl. Oz. water bottle (at least one)

Snacks

Medications:

Epinephrin if you have a known life-threatening allergen

Rescue Inhaler if you have asthma

Regular medications you take

Light First Aid Kit-Band-Aids, moleskin, aloe vera gel, etc.

Headlamp or Small Flashlight

Optional but recommended

Camera

Binoculars

GPS

Books

Download Plant and Animal ID App- Seek, iTrack, iNaturalist