



Winter Overnight Packing List



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Personal needs contact solution, comb/brush, deodorant, etc.

Cabin wear and personal effects

Each linen pack comes with a pillowcase, top sheet, bottom sheet, light blanket, and towel

Sleepwear/loungewear

Shower shoes

Pillow (optional; each bunk has a pillow)

Extra blanket or sleeping bag

Day Pack

Day pack large enough for your personal effects

Headlamp or Small Flashlight (Mountain Campus is very dark once the sun sets)

Sunscreen and lip balm

Glasses/sunglasses

Snow goggles

32 fl. Oz. water bottle (at least one)

Snacks

Medications

Epinephrin if you have a known life-threatening allergen

Rescue Inhaler if you have asthma

Regular medications you take

Light First Aid Kit (BandAids, moleskin, aloe vera gel, etc.)

Optional but recommended