COBRA Contributions

The University medical, dental, vision and Healthcare FSA reimbursement plans may be continuation for 18 months in accordance with COBRA, which generally allows for coverage continuation for 18 months beyond the separation date at the expense of the employee. The table below shows the total cost of coverage for medical, dental, and vision. Should you elect to continue your bene ts und COBRA, you will be responsible for the entire monthly premium of your bene t, including the E portion plus the employee portion plus a 2% administrative fee. Your monthly premiums will be sent directly to Rocky Mountain Reserve.

Medical: Cigna Open Access Plus

	COPAY PLAN - OPEN ACCESS PLUS	HDHP - OPEN ACCESS PLUS
Employee Only	\$922.43	\$743.35
Employee & Spouse/Partner	\$1,845.75	\$1,487.71
Employee & Child(ren)	\$1,661.46	\$1,338.96
Family	\$2,584.83	\$2,083.28

Dental: Delta Dental and Beta Health

	DELTA BASE PPO PLAN	DELTA ENHANCED PPO PLAN	BETA HEALTH ALPHA PLAN
Employee Only	\$33.57	\$56.03	\$10.97
Employee & Spouse/Partner	\$66.17	\$110.46	\$20.66
Employee & Child(ren)	\$79.60	\$132.84	\$23.72
Family	\$124.25	\$207.06	\$30.35

Vision: EyeMed

	BASE PLAN	BETA HEALTH ALPHA PLAN
Employee Only	\$6.94	\$9.69
Employee & Spouse/Partner	\$13.21	\$18.40
Employee & Child(ren)	\$13.91	\$19.39
Family	\$20.45	\$28.49

Voluntary Life Insurance

MONTHLY RATES PER , BASED ON ATTAINED AGE AS OF JAN	EMPLOYEE	SPOUSE	CHILD REN
Under 20	\$0.05	\$0.05	
20-24	\$0.05	\$0.05	
25-29	\$0.06	\$0.06	
30-34			-
			\$0.20
			-
			-

How to calculate your monthly Voluntary Life rate:

Note: Premium is determined by the employee's age. As you age and change groups your premium will increase.

To determine how much Voluntary Life will cost you per month, take the amount you want to purchase, divide it by 1,000 and multiply by the amount beside your age.

$$\div$$
 1,000 = x =

For example, an employee who is 47, and wants to purchase \$120,000 for himself and \$70,000 for his spouse who is age 42:

Employee: $$120,000 \div 1,000 = 120 \times 0.15

= \$18.00 per month

Spouse*: $$70,000 \div 1,000 = 70 \times $0.10 =$

\$7.00 per month

In this example the employee would have \$28.50 taken out of his paycheck per month.